

SAA 2018 SPRING SEMINAR:

FROM SHAME TO GRACE

Saturday, April 21, 2018, 8:00 AM to Noon

St. Luke's Church, 4011 Major Ave., Madison WI 53703

8:00 - 8:25 Fellowship

8:30 - 9:45 Welcome and Big Circle of Gratitude

10:00 - 10:45 From Shame to Grace

Members share their journeys to recovery as part of SAA in Madison. The discussion will include the history of our community

10:45 -11:00 SAA Announcements

- Learn more about the upcoming restructuring of the SAA into Areas, and how you can make your voice a part of the conversation

11:15 - 11:55 Breakout Groups

- When Our Addiction Crosses the Line: Personal stories of the legal & social consequences
- A Sex Addiction Counterpoint (What is sex addiction?)
- Service: How you can help shape the future of SAA
- An Introduction to COSA (*Welcome to anyone who has been affected by sexual compulsive behavior*)
- Meditation Session
- Nature Walk

Noon Group Serenity Prayer

INTRODUCING SHARED OUTER CIRCLES!

Find out what other SAA members do for safe, sensible fun.
Share your Outer Circle interests, hobbies and activities!

Four Easy Steps!

1. Use the sign-up sheets hanging on the walls around the main room to add your name and contact info.
2. Can't find your favorite activity? Start your own list!
3. Come back at the end of the day copy down the contact info of others on the list.
4. The rest is up to you! Contact other members and start sharing your healthy circles and making new friends!